Saving Lives Through Prevention





646-854-3299 UDSHealth.com @UDSHealth







GET YOUR EARLY DETECTION PROGRAM SCHEDULED TODAY!

ULTRASOUND/COMPREHENSIVE SCREENING

- Echocardiogram (Valve Function, Heart Pumping Ejection Fraction)
- Carotid Doppler
- Abdominal Aortic Aneurysm (AAA)
- Thyroid
- Abdominal (Liver, Spleen, Gallbladder, Kidney), and Bladder Ultrasound
- Testicular (males) or Pelvic (external females)



- Medical History Questionnaire
- Physical Exam with vitals
- Comprehensive Blood Panel (details provided)
- Complete Urinalysis
- Vision Test
- Occupational Hearing,
- Pulmonary Function (PFT), and 12 lead resting EKG.
- Stress Test/Stress Echo
- Skin Cancer Assessment,
- Personal Consultation with review/interpretation of testing results







- Muscular Strength & Endurance Test
- Handgrip Strength, Flexibility,
- Core and Lower Body Fitness
- Body Weight and Composition
- Personal Fitness
- Wellness Fitness Consultation with personalized recommendations

LUNG SCREENING - LOW DOSE CHEST CT

HEART SCREENING – MEASURES THE AMOUNT OF CALCIUM IN THE HEART'S ARTERIES







"I AM CANCER FREE NOW, IT WAS LOCALIZED. MY SURGEON SAID IT MIGHT HAVE SPREAD TO MY LYMPH NODES IF IT WOULD HAVE BEEN DISCOVERED IN A COUPLE OF YEAR." Thyroid Cancer found at Local 22 Philadelphia



"HAD I NOT TAKEN ADVANTAGE OF THE CANCER SCREENING PROGRAM OFFERED BY THE SPOTSYLVANIA FIREFIGHTERS LOCAL 3886, I WOULD BE BLISSFULLY UNAWARE THAT I WAS WALKING AROUND WITH A 5.4 CM CANCEROUS MASS IN MY RIGHT KIDNEY. TO QUOTE THE UROLOGIST/SURGEON, "HAD YOU NOT GOTTEN THAT UNION SCREENING, YOU WOULD HAVE COME IN HERE IN THE FUTURE WITH SIGNIFICANT PROBLEMS AND WOULD HAVE DIED OF KIDNEY CANCER." Kidney Cancer found at Local 3886 Spotsylvania



"I AM SO GRATEFUL AND BLESSED AS THE SCREENING CAUGHT A BLADDER TUMOR THAT I WAS UNAWARE OF AND IS TREATABLE."

Bladder Cancer found at West Islip Fire Department



"... THE LOCAL SAVED MY LIFE!" "THEY {UDS} FOUND NODULES ON MY THYROID. I WENT TO A COUPLE OF DOCTORS WHO DIDN'T TAKE IT SERIOUSLY. FINALLY HAD A BIOPSY AND WITHIN MINUTES CONFIRMED CANCER. I WAS FEELING FINE. NOW THE CANCER HAS SPREAD TO MY LYMPH NODES AND GETTING AGGRESSIVE TREATMENT." Thyroid Cancer found at Local 2068 Fairfax



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